Explain the different types of control structures in Java.

In Java, control structures are used to control the flow of execution of a program. There are three main types of control structures:

1. **Sequential Control:** This is the default flow where statements are executed one after the other.
2. **Decision-Making (Conditional) Statements:**
   * if: Executes a block of code if a condition is true.
   * else: Executes a block of code if the if condition is false.
   * else if: Allows multiple conditions to be checked sequentially.
   * switch: A more efficient alternative to multiple if-else statements when there are multiple conditions based on a single variable.
3. **Looping Statements:**
   * for: Repeats a block of code a specific number of times.
   * while: Repeats a block of code as long as a condition is true.
   * do-while: Similar to while, but it executes at least once before checking the condition.